

A few of the most popular COUNSELING placements available through The Philadelphia Center:

COMHAR; Counseling Assistant: Founded in 1975, COMHAR helps people of all ages and cultures in the community who have developmental disabilities, mental health concerns, physical limitations and other challenges. COMHAR provides assistance at home and a broad array of services at locations throughout Greater Philadelphia and lower Montgomery County. Providing a range of responsive programs, COMHAR's behavioral health services treat individuals who need help coping with life stresses and those who live with chronic mental illness or addiction. The Behavioral Health Division's broad array of specialized programs addresses the needs of diverse populations, including the elderly, the Latino community, individuals diagnosed with HIV/AIDS, and those who struggle with substance abuse. Services include psychiatric evaluation; social history and assessment; psychological testing; individual, group and family psychotherapy; psychotropic medication assessment and monitoring; and evaluation of the need for other services and referrals. The Beginnings Program is a psychiatric rehabilitation program that addresses the needs of individuals with co-occurring mental health and substance abuse disorders who are in recovery. Students work as counseling assistants with bachelors and master's level professional staff. This placement offers the intern an excellent opportunity to learn counseling techniques, psychiatric rehabilitation skills, and work with people in recovery on an individual and group basis. Additionally, interns will learn about developing recovery plans and other documentation skills. Students learn how to work with individuals in various stages of recovery from both mental health and substance abuse. The program is both site and community based.

Drexel University, Anxiety Research and Treatment; Research Assistant: Drexel University's mission is to educate women and men to live and work successfully in a technological world through excellence in teaching and learning, scholarship and research, and co-operative education. The Drexel University Anxiety Research and Treatment program is directed by Associate Professor of Psychology Dr. James Herbert, a clinical psychologist specializing in cognitive-behavior therapy, mood and anxiety disorders, and the distinction between science and pseudoscience in psychology and related fields. Dr. Herbert and his team of graduate students conduct a clinical research program evaluating the effectiveness of various models of cognitive behavioral therapy for adults with Social Anxiety Disorder. Undergraduate Research Assistant will have the opportunity to participate in assessment and treatment protocols, and may have the opportunity to work closely with graduate students on individual research projects. Participation in research projects may result in authorship on poster presentations. Student is also able to audit doctoral level psychology courses at Drexel. Keywords: clinical psychology, treatment, social anxiety, research, anxiety.

Penn's Women's Center; Assistant to Executive Director: The mission of the Penn Women's Center (PWC) is to ensure that the University of Pennsylvania is responsive to women's concerns in any activity and at all levels. The PWC serves students, faculty, staff, and community members. In order to meet these goals the following services are provided: services to individuals (advising, advocacy, counseling/case management, information and referral, etc.), educational programming (workshops, presentations, conferences etc.) policy development and implementation (consultation, training) networking (on and off campus) and administration. The Penn Women's Center is a campus based resource for a variety of women's issues. Staff members possess a wide variety of expertise in the areas of educational equity, violence against women, personal and community safety, health and sexuality, diversity and human relations and community building . Executive Assistant will help develop programming and reviews policies on these issues.

Project H.O.M.E; Advocacy and Counseling Assistant: Since 1989, Project H.O.M.E. (Housing, Opportunities, Medical Care, and Education) has helped more than 6,800 individuals in Philadelphia break the cycle of homelessness and poverty. The mission of the Project H.O.M.E. community is to empower persons to break that cycle, to address structural causes of poverty, and to enable all people to attain full potential as individuals and as members of the broader society. This is achieved by providing a continuum of care comprised of street outreach; supportive housing; and comprehensive services including health care, education, and employment. Advocacy and Counseling Assistant works in entry-level residences, in the areas of outreach and advocacy. The placement can be designed to fit specific interests of the student drawing on a range of supportive services including: health care, mental health services, recovery services dealing with substance abuse issues, and more.

University of Pennsylvania Neuropsychiatry Unit; Neuropsychiatry Intern: The Neuropsychiatry Section of the University of Pennsylvania's Department of Psychiatry is devoted to the study of schizophrenia through an integration of neurobiology and treatment. The focus of the center is to relate the genetic profile of the disorder to the patient's social, psychological and neurocognitive status. In addition to schizophrenia research, the center also studies other brain and behavior relationships including sex differences, emotion, memory, olfaction, women's studies and rehabilitation. The neuropsychology faculty at Penn are in the vanguard of research utilizing standardized behavioral experiments in conjunction with novel techniques for measuring regional cerebral blood flow and metabolism in normal, neurologic, and psychiatric populations. The program provides comprehensive assessment and diagnostic services for patients suffering from disorders of cognition, memory, or emotion in relation to brain functions. The student has an opportunity to work on individual research projects, observe and participate in neuropsychological testing, observe psychiatric evaluations and rounds, lectures, etc.