

**A few of the most popular
PSYCHOLOGY (eating disorders)
placements available through
The Philadelphia Center:**

Drexel University, Anxiety Research and Treatment; Research Assistant:

Drexel University's mission is to educate women and men to live and work successfully in a technological world through excellence in teaching and learning, scholarship and research, and co-operative education. The Drexel University Anxiety Research and Treatment program is directed by Associate Professor of Psychology Dr. James Herbert, a clinical psychologist specializing in cognitive-behavior therapy, mood and anxiety disorders, and the distinction between science and pseudoscience in psychology and related fields. Dr. Herbert and his team of graduate students conduct a clinical research program evaluating the effectiveness of various models of cognitive behavioral therapy for adults with Social Anxiety Disorder. Undergraduate Research Assistant will have the opportunity to participate in assessment and treatment protocols, and may have the opportunity to work closely with graduate students on individual research projects. Participation in research projects may result in authorship on poster presentations. Student is also able to audit doctoral level psychology courses at Drexel. Keywords: clinical psychology, treatment, social anxiety, research, anxiety.

Drexel University, Weight and Eating Disorders; Research Assistant:

Drexel University's mission is to education women and men to live and work successfully in a technological world through excellence in teaching and learning, scholarship and research, and co-operative education. Drexel was ranked one of the best national doctoral universities by U.S. News & World Report in its "America 's Best Colleges 2004" issue. Michael Lowe is a Professor in the Drexel University Department of Clinical and Health Psychology and a Research Associate at the Renfrew Center (for eating disorders). Dr. Lowe's research focuses on eating and weight regulation among dieters, obese individuals, and those with eating disorders. Research Assistant will participate in Dr. Lowe's research studies involving one or more of the following: 1) dieting; 2) nutrition; 3) eating disorders; 4) obesity. Terrific exposure to psychology research practices and procedures, opportunity to work with graduate students in the field. Students will also be able to learn the research grant process.

University of Pennsylvania, Weight and Eating Disorders; Research Intern:

The Weight and Eating Disorders Program within the Department of Psychiatry at the University of Pennsylvania was founded by Albert J. Stunkard, M.D., over 45 years ago to better understand the causes of weight and weight-related disorders. Dr. Stunkard, an internationally renowned scholar, directed the program's (formerly the Obesity Research Group) research efforts and remains

an active and integral member of the group today. The current director, Thomas A. Wadden, Ph.D., came to the University of Pennsylvania in 1981 and is a preeminent authority on the treatment of overweight, binge eating, and related problems. Under Dr Wadden's leadership, the group continues to conduct a wide variety of studies on the causes and treatment of weight-related disorders. More recently, the Weight and Eating Disorders Program has begun to offer professional services to the general public rather than only to participants in research studies. The Weight and Eating Disorders Program's philosophy is simple and straightforward. Overweight persons should be treated professionally and compassionately. Weight problems may result from a variety of factors, including genetics, a slow metabolism, illness, eating or exercise habits, and emotional distress. Thus, Penn Weight and Eating Disorders makes special efforts to customize its programs to meet an individual's specific needs. Research Intern will recruit participants, collect and maintain data, observe clinical treatment and clinical psychologists, and more.

University of Pennsylvania, Cognitive Therapy; Research Intern: Center for Cognitive Therapy Research is part of the University of Pennsylvania Department of Psychiatry. Founded by the world-famous psychiatrist, Dr. Aaron T. Beck, and located on the northern part of the campus of the University of Pennsylvania, the Center for Cognitive Therapy is a leading tertiary care facility, conducting therapy, education and clinical training, and research. The caring and knowledgeable therapists of the Center for Cognitive Therapy are committed to providing their patients with treatment that is effective, time-efficient, and durable. The results of a significant body of research overwhelmingly supports the effectiveness of Cognitive Therapy for a wide range of problems -- most notably Major Depression, and Anxiety Disorders (including Phobias, Panic Disorder, and Generalized Anxiety Disorder). In addition, a growing number of studies are addressing the clinical power of Cognitive Therapy in treating such problems as relationship difficulties, eating disorders, social phobia, bipolar disorder (with medication), personality disorders, and others. The Center's Senior Staff therapists actively publish, and are at the forefront of efforts to expand, improve, and teach the collective methods that comprise Cognitive Therapy. Research Intern here has the opportunity to be involved in many aspects of the Center.

Updated 11/07